

NO LIMIAR
DO PENSAMENTO

A SON LIKE OTHERS

UM FILME DE
ANTÓNIO SEQUEIRA

EM PARCERIA COM





NO LIMIAR DO PENSAMENTO

"A SON LIKE OTHERS"

Narrative Fiction Short Film

Running Time: 19 minutes
Genre: Family Drama
Year: 2019
Language: Portuguese
Country of Origin: Portugal
Format: 2K 16:9 HD 24fps
Sound: Stereo & 5.1

Directed By: Antonio Sequeira
Written By: Antonio Sequeira
Rodrigo Prista Garcia
Produced By: Carlos Sequeira
Albina Ferreira
Antonio Sequeira
Cinematographer: Anastasiia Vorotniuk
Production Designer: Inês Lebreaud
Composer: Peter Hawkey
Distribution: Carlos Sequeira (+44) 7502414788

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Links:

[Official Site](#)

[Official Facebook](#)

[Official IMDB](#)

[Official Trailer](#)

LOGLINE

Dinis is a teenager and like others wants to go to university. But he has recently been diagnosed with schizophrenia. His mum wants him to have a normal life but she also needs to protect him. Can she do both?

SYNOPSIS

Dinis wishes to be independent and go to university. But he has recently been diagnosed with schizophrenia after a psychotic outbreak at school. Madalena suffers a lot from seeing her son being victim of prejudice from friends and even family. She is a nurse, however helping others is a task much easier than helping her son. She wants Dinis to have a normal and healthy life, but by realizing the persistent stigma in society and her own impotence against mental illness, she falls in a spiral of depression, from which she can only set herself free when she will understand that to be able to take care of her son, first she has to take care of herself and that to let him have a normal life means she has to let him go to the university. But can a person have a normal life with schizophrenia?



CAST

Paula Lobo Antunes as *Madalena*



Paula Lobo Antunes is a Portuguese actress. She lived in New York until she was 5. Later, Paula went to Edinburgh, where she graduated with Distinction in Bio Medicine and decided to follow her true passion, acting. She went to study Theatre in London, for 4 years. In 2005, she was offered the lead role in the Brazilian TV series “Escrava Isaura”, and her career blew up. She has played challenging roles in international films like “Equador”, “Corrupção” and “Teia de Gelo” but her main focus is currently in TV, where she stood out in “Flor do Mar”, by playing the unforgettable villain Salomé. She is considered by many as one of the best Portuguese actresses working today, having won the award for Best Supporting Actress with “Santa Barbara” and “Jacinta” and Best Leading Actress with “Mar de Paixão” among others.

IMDB: www.imdb.com/name/nm1863606/

Afonso Lopes as *Dinis*



Afonso was born in 1995 and in 2001 he started acting on TV with the series “Ganância”. After many roles in TV shows like “O Prédio do Vasco”, “Floribella”, “Malucos do Riso”, “Morangos com Açúcar”, “Mar Salgado”, among others, Afonso decided to go to London to graduate in Acting for Cinema at the Met Film School, after having already graduated in Acting for Theatre in Lisbon. Constantly trying to challenge himself and grow as an actor, Afonso is very likely to be in a few years one of the best young actors in international Cinema.

IMDB: www.imdb.com/name/nm2112534/

Maria Eduarda Laranjeira as *Leonor*

Maria was born in 2009 and in 2015, only 6 years old, started getting experience as an actress in commercials, photoshoots and music videos. One year later, she started doing voice work on radio, TV and cinema, being then chosen for the role of Teresinha in the TV show “Massa Fresca”, thus starting her career as a young actress. She has been part of the TV series “Ministério do Tempo”, and of the films “Soldado Milhões” and “Solteira e Boa Rapariga”, among many other short films.

IMDB: www.imdb.com/name/nm3690497/



Director's Statement

Inspired by the true stories of the difficulties not only suffered by the people with mental illness, but also by their respective caregivers, this film has the goal to raise awareness about mental illness, avoiding stigma and prejudice. We still live in a society where when someone does something different, is called "crazy". We have to change this type of thought!

Generally, mental illness has been and is portrayed in films in a very negative way. In most of the cases they take advantage of the Mental Illness for spectacle, showing us a stereotype, which only allows for more stigma and discrimination of the person with mental problems.

In this project, I wanted to show a family with a person with mental illness and analyse the difficulties of the caregivers, the problem of stigma, and still try to emphasize the contribution of the person with mental illness in living positively integrated as part of a family.

Therefore, this story is told by the point-of-view of the mum, a nurse used to taking care of other people, but who struggles to take care of her own son, thus exploring this vulnerable side of the caregiver.



DIRECTOR, Antonio Sequeira

Born in 1995, Azores, Portugal, Antonio has been directing short films since he was 8 years old. In 2012, he attended a 3-week summer workshop in Los Angeles at the New York Film Academy and in 2013 he wrote and directed his first feature film, super low-budget, but which was screened to a sold out premiere crowd, and distributed to a National TV Channel. Feeling like the cinema industry in Portugal was very different from the films he wanted to make, Antonio went to London to study the craft of filmmaking. With the newfound skills and sensitivities he developed on his BA, he managed to produce and direct multiple projects that were selected to a few film festivals, including BFI Future Film Festival which allowed him to receive a scholarship from Creative Skillset to study an MA in the prestigious London Film School, where he has continued to develop his skills and grow even more as a director. Directing short films like “My Clown”, “The Queue” and “Danke” in 16mm film stock, allowed him to focus on the precision of visual storytelling and character building. His latest “Danke” has been nominated for many awards, including among others, Best Student Film and Best Cinematography at “UK Offline Film Fest”, Best Director at “Cin'Euphoria National Award” and Best Student Short Film at “Caminhos Film Festival”.



Producer, CARLOS SEQUEIRA

Carlos Sequeira teaches at the School of Nursing of Porto and is a main Investigator of the Research group NursID in CINTESIS. Pos-Doctorate in Positive Mental Health; PhD in Sciences of Nursing. He has done more than 60 scientific articles published in scientific magazines with an impact about this and other topics and he has summarized much of his knowledge in the 16 books he has already published. Another area of investigation of his is Mental Health in youngsters, being developing a program of positive mental health to this group of the population, hence why he was interested in producing this short film.



Director of Photography, ANASTASIIA VOROTNIUK

Anastasiia has studied and practiced a wide variety of subjects ranging from Acting, to Philosophy, to Photography, to Dancing and Directing, making her a very volatile Cinematographer, with an artistic vision that is very unique and peculiar. One of her projects, “Me, my germs and James” is a Semi-Finalist in ScreenCraft Film Fund. She has also directed “Five Minutes”, “Baggage”, “Hot Milk” and “Gymnastics, with Love”. She has lent her unique cinematographic style to short films like “Sacrifice”, “Good fellas” and “Have a nice day!”, being recently chosen to be the cinematographer of “Artificial Bid”.

Co-Writer, RODRIGO PRISTA GARCIA

Rodrigo won a contest of Creative Writing in High School and since then he has focused his life and career in writing Scripts. He was part of the World Academy in Screenwriting for Cinema and Television and he has recently graduated from London Film School with a Masters with Merit in Screenwriting. His main focus is in writing feature film scripts, but he occasionally enjoys writing shorts, as he believes it to be a bigger challenge in terms of story structure.



Composer, PETER HAWKEY

Peter Hawkey is a musician and composer who studied at Oxford Brookes University. He has taught classical, electric and bass guitar in Earley Music Centre. He enjoys writing in many styles, and taking on the challenges of composing in unfamiliar styles or starting with unusual materials. But he strives when using the Spanish guitar, bringing so much personality and uniqueness to it, thus turning what could have been a normal score into something unforgettable.



FEEDBACK

"The main characters are constantly forced to make choices where there is no right answer, leaving it up to the audience to make a judgement on their morality. Clever filmmaking with a very powerful theme!"

Brian Dunnigan, Screenwriter

"Although it is a long piece, it puts us in the shoes of the characters, forcing us to stay with them until we understand what is the real problem they're facing. This observational look into their lives only enhances the experience"

Peter Hollywood, Editor

"It is very tricky to portray a mental illness in cinema. It can easily become a stereotype, but the acting in this film is quite subtle, hitting the right notes most of the times making it an extremely powerful piece of filmmaking "

Rafael Kapelinski, Director

"With its visually inspiring pictures, the film uses naturalism as a stylistic way to make a point. The juxtaposition of the pictures with the breath-taking score almost tells the story in itself"

Timo Heinanem, DoP



Awards: The film hasn't yet been screened publicly.

BEHIND THE SCENES

Find more BTS pictures here:

<https://www.behance.net/gallery/72599093/Short-Film-Making-Of-Photos>





CREDITS

Director

Screenwriters

Producers

Associate Producer

Director of Photography

Production Designer

Editor

Hair & Make-up Artist

Composer

Music

Sound Design & Mixing by

Colourist

1st Assistant Director

2nd Assistant Director

Camera Operator

1st Assistant Camera

Gaffer

CASTING Director

Antonio Sequeira

Antonio Sequeira

Rodrigo Prista Garcia

Carlos Sequeira

Albina Ferreira

Antonio Sequeira

Sabina Juncu

Anastasiia Vorotniuk

Inês Lebreaud

Antonio Sequeira

Ana Maria Simões

Peter Hawkey

GNR

Carolina Deslandes

Tiago Cardoso

Dinis Henriques

Alex Grigoras

Gonçalo Ribeiro

Patrícia Tavares

Xenia Guenther

Fyras Slaiman

Nuno Martini

Iacopo Calabrese

Carolina Sequeira

Line Producer

Production Managers

Production Assistants

Production Sound Recordists

Best Boy

Spark

Script Supervisor

Art Assistants

Stills Photographer

CAST

Madalena

Dinis

Leonor

Rosa

Waiter

Celinha

Gonçalo Ribeiro

Albina Ferreira

Patrícia Tavares

Maria dos Anjos Ferreira

Otilia Santos

Isabel Santos

Dinis Henriques

Tiago Cardoso

Juri Ferri

Luís Miguel Cruz

Rodrigo Prista Garcia

Joana Freire

Carolina Sequeira

Gonçalo Diogo

Paula Lobo Antunes

Afonso Lopes

Maria Eduarda Laranjeira

Sofia Príncipe

Alberto Alves

Ana Rosa Silva

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